



“Money Matters”

In today’s economy, it seems to be harder and harder to make ends meet. There are ways, however, that you can take control of your money and your budget. “Money Matters” covers various topics that will give you tips, so that you can leave class each month with a plan of action. Today, money management is a major stressor for most families. The Stanly County Family YMCA and numerous community volunteers are excited to offer a FREE series to the community about improving your money management and relieving the stress. For your convenience, FREE monthly classes will be held at the YMCA Pavilion, but please call to reserve your seat by noon, the day of the class.

**FREE Class/Discussion
Fourth Monday of each month
7:00-8:00 p.m.**

- January 25** **“As Long as I Put Gas in My Car, it will Run, Right?”**
Simple, preventative maintenance that will keep your car running smoothly
- February 22** **“How can we afford a Family Vacation?”**
Cost cutting ideas to help families “get away from it all”.
- March 22** **“Growing a \$ Garden with your Kids”**
Creative ideas to teach your kids about the value of money
- April 26** **“Patio Gardening”**
Grow fresh veggies for your family in a small space
- May 24** **“Simple, Healthy Family Meals”**
Eating healthy doesn’t always mean expensive or difficult

FREE Child Care is available during classes, by calling Kelley Bigger, YMCA Family Services Director at 704.982.1916 or kellybigger@stanlyfamilyymca.org .

