

## **Parent-Tot**

Parent-Tot is a class designed to help your 6-36 month old child be comfortable in the water. It is an open forum class that is held every Monday 6:00-6:30 in Pool II. The pool is only open to those participating in this class for the comfort of the children. Parents work with your child, under the direction of an instructor, to learn basic water safety rules and become comfortable in the water. It is the goal of the class to help your child be able to easily transition to Learn-to-Swim when they turn 3 years old.

This is a great time for you to be able to get in the water with your young child and work one-on-one with them. It is an on going class that you can come to at any time. There is no fee for this class. Membership is required of the parent.

If you have any questions about this class or any other aquatic programs please feel free to contact our Aquatic Coordinator, Diane Billings, by phone or e-mail.

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