

Awards

Top 3 Female and Male Finishers will receive Custom Designed Trophies. Age group medals will be presented 3 deep.

T-Shirts

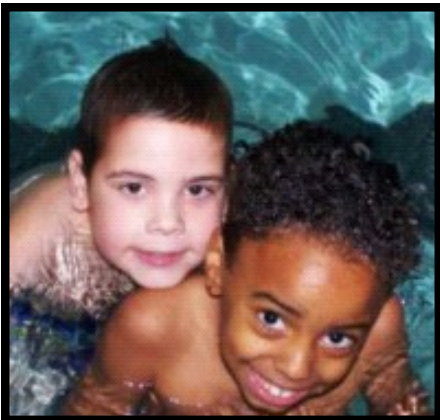
All 8K participants who preregister will receive a YMCA Strong Communities 8K T-Shirt.

Course

A residential course leading you through beautiful downtown Albemarle. Start and finish at the YMCA Park, located at 427 North First Street, Albemarle

Registration

Register at the Stanly County Family YMCA, Vac and Dash, or ONLINE AT: www.active.com



STRONG COMMUNITIES

Stanly County Family YMCA
427 North First Street
Albemarle NC 28001

We Build Strong Kids, Strong Families, and Strong Communities



Stanly County Family YMCA 8K

August 7, 2010
7:30 AM START

\$15.00 Entry Fee
(\$25.00 Day of Race)

RUN FOR A REASON.

100% of your registration fee will go to the YMCA Strong Communities Fund

Proudly Sponsored
by
Wachovia
A Wells Fargo
Company
&
Vac and Dash

YMCA Strong Communities Fund

The Stanly County Family YMCA mission statement is "To Put Christian Principles into Practice through Programs that Build a Healthy Spirit, Mind, and Body for All." "All" is a very important in the YMCA mission. No individual is turned away due to the inability to pay. In 2009, the Stanly County Family YMCA provided over \$311,000 in community support. Below is a list of a portion of the community support provided to the community in 2009:

Direct Financial Assistance

Childcare	\$ 53,103.70
Membership	\$ 71,688.83
Youth Sports	\$ <u>925.00</u>
	\$125,717.53

Indirect Financial Assistance

Indirect Aid by Program

Aquatics	\$ 7,230.00
Childcare	\$ 31,386.22
Family Services	\$ 585.00
Health & Well Being	\$ <u>55,055.00</u>
	\$ 94,256.22

Facilities

American Red Cross	\$ 300.00
Churches	\$ 550.00
Foster Parents	\$ 300.00
Second Parenthood	\$ 950.00
Miscellaneous Groups	\$ <u>2,150.00</u>
	\$ 4,250.00

Outreach Support to Community Groups

GHA, Inc	\$ 1,187.50
Pfeiffer University	\$ 1,550.00
Stanly Community College	\$ 2,797.50
Stanly County Schools	\$ 28,836.50
Stanly Regional Medical	\$ 34,100.00
Timberwoods Rehab	\$ 440.00
Misc Community Support	\$ <u>2,925.00</u>
	\$ 80,336.50

- Numbers above reflect only a portion of the Community Support provided in 2009

YMCA Strong Communities 8K Registration Form

Make Checks Payable to: Stanly County Family YMCA

Preferred T-Shirt
Size:

- Youth Large
 Small
 Medium
 Large
 XLarge
 2X Large

Entry Fee
\$15
(\$25 Race Day)

- Please add
 \$_____ to my
 registration fee
 as an additional
 contribution to
 the YMCA Strong
 Communities
 Fund.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Emergency Contact Name: _____

Age on Race day: _____

Gender: _____

Participating in the YMCA Strong Communities 8K is a potentially hazardous activity. I agree to abide by an decision by the race officials. I assume all risks associated with participating in this event, including, but not limited to falls, contact with others or injury from cars. Having read this waiver and in consideration of entry acceptance, I, myself or anyone entitled to act on my behalf, waive, and release all sponsors of this event and the Stanly County Family YMCA from all claims or liabilities arising out of participation in this event. I grant permission to use my photograph, motion pictures, recordings or other record of this event for legitimate purposes. I, intending to be legally bound hereby, for myself, my heirs, executors and/or administrators, waive and release any and all rights and claims for damages I may have or that may accrue against the coordination committee or their agencies, officers and employees for any and all injuries suffered in the 2009 YMCA Strong Communities 8K.

PRINTED NAME _____

SIGNATURE: _____

(Parents must sign for participants under the age of 18)